

Town	Radio Station	Text
ABERDEEN	NorthSound One	61025
ABERDEEN	NorthSound Two	61025
ABERDEEN	Original 106FM	60030
ASHFORD	kmfm (Ashford)	81800
AYLESBURY	Mix 96	81800
AYR	West FM	61025
BANGOR	BBC Wales (Bangor)	07786 201040
BANGOR	Champion 103	07870 150188
BANGOR	Coast 96.3	82122
BARNSLEY	Dearne FM	07748 270270
BARNSTAPLE	Lantern FM	82122
BARROW-IN-FURNESS	Abbey FM	07919 261 847
BASINGSTOKE	107.6 Kestrel FM	8181
BATH	1449 AM URB	07890 160 839
BATH	Bath FM	81800
BECKENHAM	Solar Radio	83010
BIRKENHEAD	Wirral's Buzz 97.1	82122
BIRMINGHAM	100.7 Heart FM	61007
BIRMINGHAM	96.4FM-BRMB	83964
BIRMINGHAM	BBC WM (Birmingham)	07786 202956
BIRMINGHAM	Burn FM	83252
BIRMINGHAM	Galaxy Birmingham	82200
BIRMINGHAM	Gold (Birmingham)	80038
BIRMINGHAM	New Style Radio	07624 809887
BIRMINGHAM	Smooth Radio (West Midlands)	65588
BLACKPOOL	Radio Wave	81803
BOLTON	Tower FM	81803
BOURNEMOUTH	2CR FM	82122
BOURNEMOUTH	Fire 107.6 FM	81800
BOURNEMOUTH	Gold (Bournemouth)	80038
BRADFORD	BCB 106.6 FM	60300
BRADFORD	Pulse Gold	81803
BRADFORD	The Pulse of West Yorkshire	81803
BRENTWOOD	Phoenix FM	89892
BRIDGEND	106.3 Bridge FM	89892
BRIDGEND	Celtica Radio	07967 825 471
BRIDGWATER	Quay West 107.4	07876 292551
BRIGHTON	Gold (Sussex)	80038
BRIGHTON	Southern FM	82122
BRISTOL	BBC Radio Bristol	07786 200 955
BRISTOL	Gold (1260)	80038
BRISTOL	GWR Bristol and GWR Bath	07870 150 155
BRISTOL	GWR FM (Bath)	07870 150 155
BRISTOL	Star 107.2 FM	85080
CAMBRIDGE	Q103	82122
CAMBRIDGE	Star Radio in Cambridge	0780 000 1079
CANTERBURY	KM FM	81800
CARDIFF	BBC Radio Wales	07786 201040

CARDIFF	Gold (South Wales)	80038
CARDIFF	Real Radio (Wales)	81056
CARDIFF	Red Dragon FM	80974
CARDIFF	XFM South Wales	87936
CHELMSFORD	Essex FM	82122
CHELMSFORD	Gold (Essex)	80038
CHESTER	Dee 106.3	84070
CHESTERFIELD	Peak FM	81803
CHICHESTER	Spirit FM	81800
CLYDEBANK	Clyde 1	61025
COLCHESTER	SGR Colchester	82122
COLERAINE	Q97.2 FM Causeway Coast Radio	07967 455197
COOKSTOWN	Six FM	82246
COVENTRY	Gold (Coventry)	80038
COVENTRY	Mercia FM	07870 150 110
CRAWLEY	102.7 Mercury FM	82122
CRAWLEY	Gold (1521)	80038
DARLINGTON	Alpha 103.2	81800
DARWEN	107 The Bee	07962 499107
DONCASTER	Trax FM	07748 270270
DORCHESTER	Wessex FM	81800
DOUGLAS	Energy FM	07624 166666
DUMFRIES	South West Sound FM	63333
DUNDEE	Bridge FM	89892
DUNDEE	Tay AM	61025
DUNDEE	Tay FM	61025
DUNDEE	Wave 102	81803
DUNSTABLE	96.9 Chiltern FM	82122
DUNSTABLE	Chiltern FM (Herts Beds & Bucks)	82122
DUNSTABLE	Gold 792/828	80038
DURHAM	Durham FM	81800
EDINBURGH	Forth 1	64100
EDINBURGH	Forth 2	63103
EDINBURGH	Talk 107	81803
EXETER	Gemini FM (Exeter)	82122
EXETER	Gold (666/954)	80038
FALKIRK	Central FM	81800
FAREHAM	Gold (Hampshire)	80038
FAREHAM	Power FM	82122
FAREHAM	Wave 105.2 FM	61025
FOLKESTONE	KM fm (Folkestone)	81800
FRINTON-ON-SEA	Big L Radio London	60300
GATESHEAD	Century FM	85102
GATESHEAD	Smooth Radio (North East)	61004
GLASGOW	96.3 Rock Radio	66963
GLASGOW	Real Radio (Central Scotland)	61001
GLASGOW	Smooth Radio (Glasgow)	65588
GLENROTHES	Kingdom FM	60300
GLOUCESTER	BBC Radio Gloucestershire	07786 201413
GLOUCESTER	Gold (774)	80038

GLOUCESTER	Severn Sound FM	07870 150 152
GOWERTON	Valleys Radio	81803
GRIMSBY	Compass FM	07748 270270
GUERNSEY	BBC Guernsey	07786 200 932
GUERNSEY	Island FM	83080
GUILDFORD	96.4 The Eagle	07799 188855
GUILDFORD	BBC Southern Counties Radio	07786 207070
HAILSHAM	107.5 Sovereign Radio	81800
HARLOW	Ten 17 FM	82122
HARROGATE	97.2 Stray FM	81800
HASTINGS	107.8 Arrow FM	81800
HAYES	Hayes FM	60300
HIGH WYCOMBE	Mix 107	81800
HINCKLEY	Fosseway Radio	07748 270270
HUDDERSFIELD	Pennine FM	81800
HULL	96.9 Viking FM	82189
HULL	KCFM 99.8	87103
HULL	Magic 1161	63103
IPSWICH	Gold (Ipswich)	80038
IPSWICH	SGR FM (Ipswich)	82122
IPSWICH	Town 102	64477
ISLE OF MAN	3FM	166333
JERSEY	BBC Radio Jersey	07786 202888
JERSEY	Channel 103 FM	07797 887103
KENDAL	Lakeland Radio	63333
KIDDERMINSTER	107.2 The Wyre	60300
KING'S LYNN	KL FM 96.7	07857 431581
KINGSBRIDGE	South Hams Radio	07870 150 199
LANCASTER	Bailrigg FM	94949
LANCASTER	Diversity FM	07901 65 00 78
LANCASTER	The Bay	63333
LEEDS	Galaxy Yorkshire	82200
LEEDS	Magic 828	63103
LEEDS	Real Radio (Yorkshire)	81068
LEICESTER	105.4 FM Leicester Sound	82122
LEICESTER	Demon FM	60300
LEICESTER	Sabras Radio	89892
LINCOLN	Lincs FM	07748 270270
LIVERPOOL	107.6 Juice FM	81803
LIVERPOOL	CityTalk 105.9 FM	61025
LIVERPOOL	Magic 1548	63103
LIVERPOOL	Radio City 96.7	61025
LLANELLI	Radio Carmarthenshire and Scarlet FM	0789117 87 66
LONDON	BBC 1Xtra	88111
LONDON	BBC 6 Music	64046
LONDON	BBC Radio 1 Production Department (Music)	81199
LONDON	BBC Radio 5 Live	85058
LONDON	Capital 95.8	83958
LONDON	Choice FM	61236
LONDON	Gold (1548)	80038

LONDON	Heart 106.2 (London)	81062
LONDON	LBC 97.3 FM	84850
LONDON	Magic 105.4 FM	61054
LONDON	Rare FM	60300
LONDON	Smooth Radio (London)	81022
LONDON	South London Radio	81800
LONDON	Time FM 106.8	81800
LONDON	Virgin Radio	81215
LONDON	Virgin Radio Xtreme	81215
LONDON	X FM	83936
LONDONDERRY	BBC Radio Foyle	07786 200 931
LONDONDERRY	Q102.9 FM	07989 339102
LOUGHBOROUGH	Oak 107	077 48 270 270
LOWESTOFT	The Beach	64477
MACCLESFIELD	Silk FM	81800
MAIDSTONE	kmfm (Maidstone)	81800
MALDON	Dream 107.7 FM	64477
MANCHESTER	Galaxy Manchester	82200
MANCHESTER	Key 103 FM	63103
MANCHESTER	Magic 1152 (Manchester)	63103
MANCHESTER	Smash Hits Digital Radio	63103
MANCHESTER	Smooth Radio (North West)	61004
MANCHESTER	Wythenshawe FM	07913 22 79 66
MANSFIELD	Mansfield 103.2	83399
MARGATE	kmfm (Thanet)	81800
MILTON KEYNES	Cable Radio Milton Keynes	0778 9195509
NARBERTH	102.5 FM Radio Pembrokeshire	07968 869292
NEATH	Swansea Bay Radio	89892
NELSON	2BR	81800
NEWCASTLE UPON TYNE	Magic 1152 (Newcastle)	63103
NEWCASTLE UPON TYNE	Metro Radio	63103
NEWCASTLE UPON TYNE	NE1 FM	60300
NEWPORT	Isle of Wight Radio	81800
NEWRY	Five FM	07512 453555
NEWTOWNARDS	Cool FM	63103
NORTHAMPTON	BBC Radio Northampton	07786 200 010
NORTHAMPTON	Gold (1557)	80038
NORTHAMPTON	Northants 96	82122
NORWICH	99.9 Radio Norwich	64477
NORWICH	BBC Radio Norfolk	07786 200951
NORWICH	Future Radio	60066
NORWICH	Gold (Norwich)	80038
NORWICH	Radio Broadland	82122
NOTTINGHAM	BBC Radio Nottingham	07786 201038
NOTTINGHAM	Gold (945/999)	80038
NOTTINGHAM	Heart 106	62106
NOTTINGHAM	Smooth Radio (East Midlands)	65588
NOTTINGHAM	Trent FM	82122
OAKHAM	Rutland Radio	07748 270270
OLDHAM	The Revolution	07979 962 962

OMAGH	Q101.2 West FM	07736 486101
OXFORD	106 Jack FM	80006
OXFORD	FOX FM	82122
OXFORD	Oxford's FM 107.9	80006
PETERBOROUGH	102.7 Hereward FM	08780 150 123
PETERBOROUGH	Gold (1332)	80038
PITLOCHRY	Heartland FM	07966 222549
PLYMOUTH	Gold (1152)	80038
PLYMOUTH	Plymouth Sound	82122
PONTYPRIDD	GTFM 106.9FM	07770 870 174
PORT TALBOT	Afan FM	89892
PORTSMOUTH	107.4 The Quay	81800
PORTSMOUTH	Express FM	07902 216531
PRESTON	97.4 Rock FM	63103
PRESTON	Magic 999	63103
READING	2-TEN FM (Thames Valley Broadcasting Ltd)	07870 150 111
READING	GOLD (Thames Valley)	80038
READING	Reading 107 FM	07950 107 107
ROCHESTER	kmfm for Medway	81800
ROMFORD	Time FM 107.5	81800
ROTHERHAM	Rother FM	07748 270270
RUGBY	107.1 Rugby FM	63333
SALFORD	Century Radio 105.4 FM	81054
SALFORD	Gold (Manchester)	80038
SALFORD	Xfm Manchester	83977
SALISBURY	Spire FM	81800
SCARBOROUGH	Yorkshire Coast Radio	81800
SHAFTESBURY	97.4 Vale FM	81800
SHEFFIELD	Magic AM	63103
SKIPTON	Fresh Radio	07766 404142
SLOUGH	Time 106.6	07957 641066
SOUTHALL	Easy Radio	81800
SOUTHAMPTON	Original FM	81800
SOUTHAMPTON	Radio Hampshire	89892
SOUTHPORT	Dune FM	81800
ST. AGNES	Atlantic FM	07624 807 107
STOCKPORT	104.9 Imagine FM	81803
STOCKTON-ON-TEES	Magic 1170	63103
STOCKTON-ON-TEES	TFM Radio	63103
STOKE-ON-TRENT	KUBE Radio	60300
STOKE-ON-TRENT	Signal 1	81803
STOKE-ON-TRENT	Signal 2	81803
STORNOWAY	Isles FM	07851 223920
SUNDERLAND	Sun FM	81800
SURBITON	107.8 Radio Jackie	0790 66 22 061
SWANSEA	96.4 FM The Wave	81803
SWANSEA	Swansea Sound 1170 MW	81803
SWINDON	BBC Radio Wiltshire	07786 203303
SWINDON	Brunel FM	81800
SWINDON	Gold (Swindon)	80038

SWINDON	GWR FM (Wiltshire)	82122
TAUNTON	Orchard FM	82122
TELFORD	Telford FM	60300
TONBRIDGE	kmfm for West Kent	81800
WAKEFIELD	Ridings FM	07748 270270
WALLSEND	Galaxy North East	82200
WARMINSTER	3TR FM	81800
WARRINGTON	107.2 Wire FM	81803
WATFORD	Hertfordshire's Mercury 96.6	07870 150 122
WESTON-SUPER-MARE	Star 107.7 FM	88600
WHITSTABLE	Gold (Kent)	80038
WHITSTABLE	Invicta FM	82122
WIGAN	102.4 Wish FM	81803
WINSFORD	92.5 Cheshire FM	60300
WIRRAL	7 Waves Community Radio	80480
WISBECH	Fen Radio 107.5 FM	07730 469307
WITHERNSEA	Seaside Radio	07961 77 1053
WOLVERHAMPTON	107.7 The Wolf	81803
WOLVERHAMPTON	Beacon Radio	82122
WOLVERHAMPTON	Gold (990/1017)	80038
WOLVERHAMPTON	Shropshire's Beacon Radio	07870 150 190
WOLVERHAMPTON	WCR FM	60300
WOLVERHAMPTON	West Midland's Beacon Radio	82122
WORCESTER	Wyvern FM	82122
WORTHING	107.7 Splash FM	60300
WREXHAM	BBC Wales (Wrexham)	07786 201040
WREXHAM	Marcher Gold 1260	82122
WREXHAM	Marcher Sound	82122
YEOVIL	Ivel FM	81800
YORK	Minster FM	81800











